



TOM NEWBY SCHOOL
TERM 2 CONTROLLED TEST

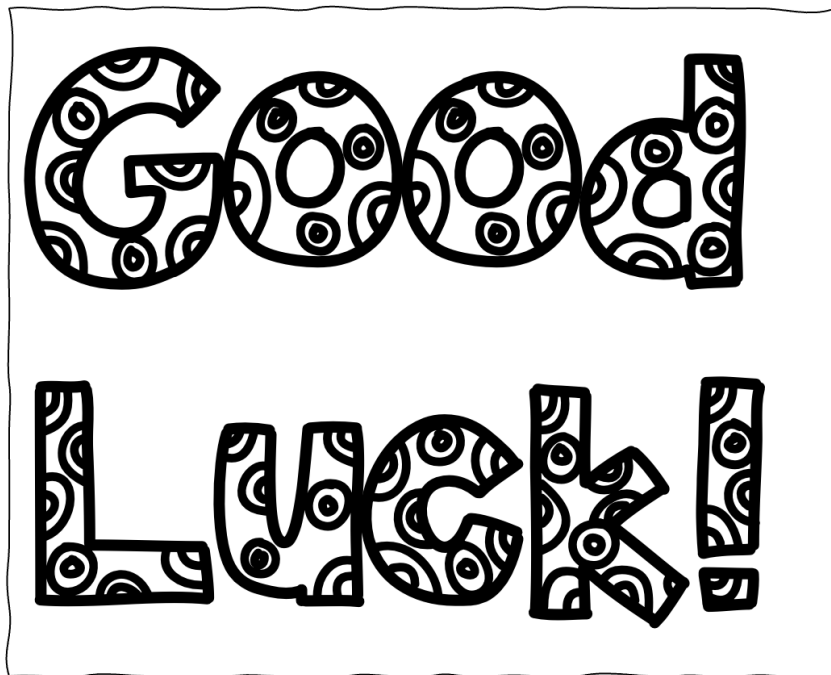
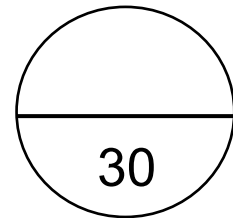
Subject	PSW	Examiner	Miss Seedat
Date	June 2024	Total marks	30 marks
Grade	5	Duration	1 hour
		Moderator	Ms. Mpesu

This assessment has been compiled using notes and information contained in the Tom Newby School resource material. The marking memorandum has been compiled accordingly. While alternative responses will be given due acknowledgement, the official memorandum will be considered a priority document to ensure uniformity of marking.

Name and Surname: _____ Grade: 5 _____

Instructions:

1. This paper consists of 6 questions.
2. Read all the questions carefully.
3. Answer ALL the questions on this question sheet.
4. Do not rush and be careful with your spelling.
5. Write neatly.
6. Good luck!



Section A – 15 marks

Question 1**[3]**

Match column B with column A.

<u>Column A</u>	<u>Column B</u>
1.1. Negative feedback	a. Makes us feel confident.
1.2. Positive feedback	b. Makes us feel worthless.
1.3. S.M.A.R.T Goal Planner	c. Specific, Measurable, Attainable, Realistic, Time-bound.
	d. Short, Measurable, Attainable, Rare, Time-bound.

1.1.	1.2.	1.3.

Question 2**[7]****Emotions – It's All Good**

Some emotions feel positive — like feeling happy, loving, confident, inspired, cheerful, interested, grateful, or included. Other emotions can seem more negative — like feeling angry, resentful, afraid, ashamed, guilty, sad, or worried. Both positive and negative emotions are normal.

All emotions tell us something about ourselves and our situation. But sometimes we find it hard to accept what we feel. We might judge ourselves for feeling a certain way, like if we feel jealous, for example. But instead of thinking we shouldn't feel that way, it's better to notice how we feel.

Avoiding negative feelings or pretending we don't feel the way we do can backfire. It's harder to move past difficult feelings and allow them to fade if we don't face them and try to understand why we feel that way. You don't have to dwell on your emotions or constantly talk about how you feel. Emotional awareness simply means recognizing, respecting, and accepting your feelings as they happen.

Adapted from <https://kidshealth.org/en/teens/understandemotions>.

- 2.1. Describe two strategies to help your brain stay in charge of your emotions. (2)
- a. _____
- _____
- b. _____
- _____
- 2.2 What does emotional awareness mean? (1)
- _____
- 2.3 Give an example of a positive emotion. (1)
- _____
- 2.4 Give an example of a negative emotion. (1)
- _____
- 2.5 Describe what self-concept means. (1)
- _____
- 2.6 Give one reason why good friends are important to have. (1)
- _____
- _____

Question 3

[5]

Stranger Danger

The Internet is much more anonymous than the real world. This means that people can hide their names or even pretend to be someone they're not. This can sometimes present a real danger to children and teens who are online. Online predators may try to lure kids and teens into having face-to-face meetings. Predators can kidnap children or may even kill them.

Teens are generally more at risk from predators because they are curious and want to be accepted. They may talk to a predator, even if they know it's dangerous. Sometimes teens may believe they are in love with someone online, making them more likely to agree to a face-to-face meeting. This is very often how children are kidnapped.

Adapted from: <https://edu.gcfglobal.org/en/internetsafetyforkids/staying-safe-from-online-predators/1/>



3.1. List two ways to recognise a good relationship. (2)

3.2. Explain what anonymous means. (1)

3.3. Explain why teens are more at risk from online predators than adults. (1)

3.4. Give one example of how you might be placed in danger if you have a face-to-face meeting with somebody that you have only met online. (1)

Section B – 15 marks

Question 4 [3]

State whether each of the following is true or false.

4.1. Every child in South Africa has a right to a name and nationality.

 (1)

4.2. Discrimination is when a person is treated well because of stereotyping.

 (1)

4.3. Physical abuse is the only type of abuse.

 (1)

Question 5 [6]

Read the story about Jake and answer the questions that follow.

Jake

Once there was a Grade 5 boy named Jake. At school, he was known for his smile and kindness. But at home, things were different. His older siblings would tease and push him around, making him feel scared. They called him names and sometimes even hit him. Jake tried to hide the bruises and the pain, afraid to speak up. He felt alone and trapped, wondering if things would ever get better. But deep down, he held onto hope,

knowing that someday he would find the courage to reach out for help and escape the abuse.

5.1. How are Jake's older siblings making him feel? (2)

5.2. Give one reason why Jake would be afraid to report this. (1)

5.3. If you were Jake, what would you do? (1)

5.4. Name two other places where violence can take place besides at home. (2)

1. _____

2. _____

Question 6

[6]

6.1. List two rights that every citizen of South Africa has. (2)

1. _____

2. _____

6.2. Explain what emotional or mental abuse is. (1)

6.3. Describe one way that you can protect yourself if you are in a violent situation. (1)

6.4. Give two reasons why people might be victims of discrimination. (2)

1. _____

2. _____

Grade 5 PSW
Term 2 Formal Assessment
Performance Analysis June 2024
 (For teacher use only)

Name and Surname: _____ **Class:** _____

Section A			
Question	Possible mark	Learner's mark	Moderated mark
1	3		
2	7		
3	5		
Total	15		

Section B			
Question	Possible mark	Learner's mark	Moderated mark
4	3		
5	6		
6	6		
Total	15		

Total		
Possible mark	Learner's mark	Moderated mark
30		