



**TOM NEWBY SCHOOL**  
**TERM 2 CONTROLLED TEST**

|                                                                                                                                                                                                                                                                                                                                            |                                |             |                   |
|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|--------------------------------|-------------|-------------------|
| Subject                                                                                                                                                                                                                                                                                                                                    | Personal and Social Well Being | Examiner    | Miss C. Avgoustis |
| Date                                                                                                                                                                                                                                                                                                                                       | June 2024                      | Moderator   | Miss M. Mpesu     |
| Grade                                                                                                                                                                                                                                                                                                                                      | 4                              | Duration    | 1 hour            |
|                                                                                                                                                                                                                                                                                                                                            |                                | Total marks | 30 Marks          |
| Special instructions/<br>Equipment                                                                                                                                                                                                                                                                                                         | Answer on the lines provided.  |             |                   |
| This assessment has been compiled using notes and information contained in the Tom Newby School resource material. The marking memorandum has been compiled accordingly. While alternative responses will be given due to acknowledgement, the official memorandum will be considered a priority document to ensure uniformity of marking. |                                |             |                   |

Name: \_\_\_\_\_ Surname: \_\_\_\_\_ Class: \_\_\_\_\_

**Instructions:**

1. Write your name, surname and class on the test sheet provided.
2. Read each question carefully before answering.
3. Follow instructions.
4. Check your answers before handing your paper in.
5. Use your common sense even if you cannot remember what is in your Life Skills notes.

**SECTION A**

**QUESTION 1**

**[5]**

State if the following statements are TRUE or FALSE.

1.1. Personal strengths are things that you cannot do well or easily. (1)

\_\_\_\_\_

1.2. To be envious, is to be jealous of what another person has. (1)

\_\_\_\_\_

1.3. Conflict is always a bad thing. (1)

\_\_\_\_\_

1.4. Eating an apple is healthier than eating sweets. (1)

\_\_\_\_\_

1.5. You should never admit that you cannot do certain things. (1)

\_\_\_\_\_

**QUESTION 2****[5]**

Complete the sentences by selecting the most correct answer from the words in the word box. You may only use each word once.

|            |              |         |
|------------|--------------|---------|
| aggressive | themselves   | express |
| music      | constructive |         |

People can express \_\_\_\_\_ by the things they say and do. Keeping your feelings locked up inside you, can make you behave in \_\_\_\_\_ or destructive ways. If you feel sad or angry, find a \_\_\_\_\_ way to \_\_\_\_\_ your feelings, try gardening, exercising, listening to \_\_\_\_\_ or drawing.

**QUESTION 3****[5]**

Match the example in Column B with the word in Column A. Write the letter of the answer that you have chosen on the line provided on the answer grid.

| COLUMN A               | COLUMN C                                                |
|------------------------|---------------------------------------------------------|
| 3.1. Respect           | A. Make us feel uncomfortable.                          |
| 3.2. Weakness          | B. A person that we admire.                             |
| 3.3. Personal Strength | C. An area in your life that needs to improve or change |
| 3.4. Role Model        | D. Something that you are good at.                      |
| 3.5. Bad Touch         | E. Treating friends and adults with manners             |

|     |       |     |       |     |       |     |       |     |       |
|-----|-------|-----|-------|-----|-------|-----|-------|-----|-------|
| 3.1 | _____ | 3.2 | _____ | 3.3 | _____ | 3.4 | _____ | 3.5 | _____ |
|-----|-------|-----|-------|-----|-------|-----|-------|-----|-------|

**QUESTION 4****[5]**

Explain the difference between conflict and bullying.

- 4.1. Conflict is when \_\_\_\_\_  
 \_\_\_\_\_ (1)
- 4.2. Bullying is when \_\_\_\_\_  
 \_\_\_\_\_ (1)

- 4.3. Identify the type of bullying in the picture below and explain what you could do to help the victim. (2)



Type of bullying: \_\_\_\_\_ (1)

How could you help the victim?

\_\_\_\_\_  
\_\_\_\_\_ (1)

- 4.4. Complete the following sentence: (1)

Bullies like to bully people who are \_\_\_\_\_ than they are.

### **QUESTION 5**

**[5]**

Complete the table by providing the missing children's right or children's responsibility.

Fill your answers in on the lines that have been provided.

| Every child has the <u>right</u> to... | Every child has the <u>responsibility</u> to...              |
|----------------------------------------|--------------------------------------------------------------|
| an education                           | <b>5.1.</b>                                                  |
| <b>5.2.</b>                            | look after your body by eating correctly and doing exercise. |
| be safe from danger and abuse          | <b>5.3.</b>                                                  |
| <b>5.4.</b>                            | not to litter, damage or pollute the environment.            |
| Food and water                         | <b>5.5.</b>                                                  |

5.1 \_\_\_\_\_

5.2 \_\_\_\_\_

5.3 \_\_\_\_\_

5.4

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5.5

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**QUESTION 6****[5]**

- 6.1. Look at the pictures below and write a paragraph of between 3 and 5 sentences about the disadvantages of working in a group.




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(3)

- 6.2. List TWO advantages of working in a group.

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(2)

**TOTAL: 30 MARKS**

**Grade 4 PSW**  
**Term 2 Formal Assessment**  
**Performance Analysis June 2024**  
(For teacher use only)

**Name and Surname:** \_\_\_\_\_ **Class:** \_\_\_\_\_

| Question       | 1 | 2 | 3 | 4 | 5 | 6 | Total |
|----------------|---|---|---|---|---|---|-------|
| Possible Mark  | 5 | 5 | 5 | 5 | 5 | 5 | 30    |
| Mark Achieved  |   |   |   |   |   |   |       |
| Moderated Mark |   |   |   |   |   |   |       |