



TOM NEWBY SCHOOL
TEST



Subject	Life Orientation	Examiner	Mrs. Brits
Date	November 2021	Total marks	70 marks
Grade	7	Duration	60 minutes
		Moderator	Miss Botha
Special instructions/ Equipment			
This assessment has been compiled using notes and information contained in the Tom Newby School resource material. The marking memorandum has been compiled accordingly. While alternative responses will be given due acknowledgement, the official memorandum will be considered a priority document to ensure uniformity of marking.			

Name:	Surname:	Class:
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Instructions

1. Read ALL questions thoroughly.
2. Attempt to answer all questions.
3. Write neatly and legibly.
4. Read instructions for each question carefully before answering.
5. Check your work when you have completed the test.

This exam paper consists of:

- Section A: 25 marks (Answer ALL questions)
Section B: 25 marks (Answer ALL questions)
Section C: 20 marks (Answer any TWO of the THREE questions)

Section A: Answer all the questions

Question 1: **[5]**

Circle the correct answer:

- 1.1 The term "mortality rate" means: (1)
- a. the rate at which an illness spreads.
 - b. the number of people that die from Covid-19 compared to the number of people that are Covid-19 positive.
 - c. the number of deaths that occur in a particular group of people in relation to the number of individuals in that group.
 - d. the number of deaths that occur in first world countries compared to those that live in third world countries.
- 1.2. Recreational drugs are drugs that are used purely for the purpose of: (1)
- a. pleasure
 - b. creativity
 - c. dramatic effect
 - d. wrecking people's lives

- 1.3 Mandarins are an example of: (1)
- a. pome fruit
 - b. citrus fruit
 - c. grain fruit
 - d. a Chinese fruit
- 1.4 The WHO has identified _____ health issues in South Africa. (1)
- a. 6
 - b. 7
 - c. 5
 - d. 0
- 1.5 Sanitation refers to: (1)
- a. Any area that humans and animals 'go to the toilet'.
 - b. The area where toilets are built to get rid of human sewage.
 - c. The arrangements and policies put in place to ensure clean drinking water and adequate sewage disposal.
 - d. A basic human right to have access to flushing toilets and running water.

Question 2:**[5]**

Decide whether each of the following statements is True or False. If the statement is false, then provide the correct statement.

- 2.1 People usually follow a diet that they can afford. Some people eat take-away meals because it is more cost effective. (1)
-
-

- 2.2 Many careers require a specific level of self-defence or a particular qualification, it takes time, money and dedication to acquire these qualifications. (1)
-
-

- 2.3 Opiates copy the brain's feel depressed chemicals. (1)
-
-

- 2.4 It is important, when you choose the food you eat, to focus on the nutritional value of the food. (1)
-
-

2.5 Although payment is important we also get other rewards from our work. (1)

Question 3:

[5]

Match the columns. Write the letter of the answer that you have chosen in the answer grid:

	Column A		Column B
3.1	Opiate	A.	Marijuana
3.2	Depressant	B.	Large organisation
3.3	Employer	C.	Global
3.4	Perishable food	D.	Morphine
3.5	Industry	E.	In the fridge
		F.	Local
		G.	Government

Answer Grid

3.1	3.2	3.3	3.4	3.5

Question 4:

[10]

Fill in the missing words:

- 4.1 Environmental health deals with the physical, chemical and _____ factors. (1)
- 4.2 Some careers have very specific dress codes – this might be for the purpose of _____ or comfort or to create a certain image. (1)
- 4.3 Drugs are used for many purposes, from _____ during an operation to just being able to wake up in the morning. (1)
- 4.4 In Jewish households the food must be _____ and no pork is eaten. (1)
- 4.5 Some environmental health problems require help of organisations that have the power to influence governments to pass _____. (1)
- 4.6 _____ - _____ is an option for people who would prefer to manage their own business or company. (1)
- 4.7 Sometimes the way a person _____ and the way a person _____ in a given situation can lead to drug abuse. (2)

- 4.8 People who live in the _____ are more likely to eat take-away meals than those who live in rural areas. (1)
- 4.9 Local organisations, such as _____ have an important role to play in ensuring that the towns, cities and suburbs that they govern are clean. (1)

Section B: Answer all the questions
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Question 5:**[5]**

Give a suitable description/definition for each of the following:

- 5.1 A drug: (1)

- 5.2 Halal food: (1)

- 5.3 Recycle: (1)

- 5.4 Employer: (1)

- 5.5 Addictive: (1)

Question 6:**[6]**

- 6.1 (2)



What advice would you give to the 15-year old girl in the picture? Give a reason for your answer.

Advice

Reason

6.2

(2)



Look at the teenage boy in the picture. What advice would you give him? Give a reason for your answer.

Advice

Reason

6.3

(2)



What advice would you give the farmers living near this river? Give a reason for your answer.

Advice

Reason

Question 7:

[3]



7.1 What do you think this slogan means? Give an example of how this slogan could be put into action in your school environment. (2)

7.2 (1)



Why do you think waste pickers make a valuable contribution to environmental health?

Question 8: [5]

The WHO identified several major environmental health issues that contribute to the mortality rate of South Africa. Look at each of the following pictures and identify the health issue:

8.1 (1)



8.2 (1)



8.3



(1)

8.4



(1)

8.5



(1)

Question 9:**[6]**

Complete the following table:

Intrapersonal factors that may contribute to Drug abuse	Interpersonal factors that may contribute to Drug abuse
9.1	9.4
9.2	9.5
9.3	9.6

Section C: Choose any TWO questions

Answer on the lined paper provided.

Write the question number and subject clearly before completing the question.

Question 10: Substance abuse

[10]



During your Life Orientation lessons you have learnt about drugs and drug addiction. Write an essay to discuss the different types of drugs. Include examples of the drugs. (Use the rubric to guide you.)

Criteria	3-4	2	1
Types of drugs identified	Three correctly identified	Two correctly identified	One correctly identified
Description of types of drugs	Excellent knowledge	Good knowledge	Fair knowledge
Examples	Correct examples given	Only two correct examples	Only one correct example

Question 11: Factors that influence diet

[10]



When people choose the food that they eat, they are influenced by a number of factors. Some choices are simply about taste. Other choices focus on the nutritional value. Taste and nutritional value are factors that people can make a conscious decision about. There

are other, less obvious, factors that influence a person's diet. One of these are ecological factors. Write an essay to discuss these ecological factors. (Use the rubric to guide you)

Rubric:

Criteria	5-6	3-4	1-2
Explanation of Ecological factors		Candidate mentions all factors	Has some knowledge of factors
Conservation factors	Candidate has full understanding of factors	Has some knowledge of factors	Limited knowledge of factors

Question 12: Protective Measures

[10]

Dikeledi is doing well at school; she loves reading and her favourite subject is Life Orientation. She dreams of becoming a doctor one day. Every day, she walks past a group of young people who are selling dagga – they always bother her and try to persuade her to try it. Dikeledi and her friends have never been interested. Their parents would be furious with them and they would be in a lot of trouble; somebody on the street would see and tell their parents. Also, they have so much fun playing sport, watching movies and just 'hanging out', that they don't need to smoke dagga to have fun.

There are many ways in which you can protect yourself from falling into the trap of substance abuse. Write an essay where you give practical suggestions to help you to avoid falling into this trap. Identify the one thing that these suggestions have in common, also mention prevention measures. (Use the rubric to guide you.)

Criteria	5	3-4	1-2
Protective measures	Candidate indicate a good understanding	Has some knowledge of protective measures	Limited knowledge of protective measures
Common thread			Identified the common thread
Prevention measures		Candidate indicate a good understanding	Has some knowledge

Please check: Did you write the question number and subject clearly before each question from Section C?

Grade 7 Life Orientation Test

Performance Analysis

(For Teacher use only)

Name: _____ Grade 7: _____

Question	1	2	3	4	5	6	7	8	9	10	11	12
Possible Mark	5	5	5	10	5	6	3	5	6	10	10	10
Mark achieved												
Moderated Mark												
											Only two	